

When the unity appears, the true unity in which everything is held, then there cannot be anything except peace harmony and great happiness. The unity is the secret.

The purpose of studying philosophy is to come to this true unity which is the Self of all of us, the pure consciousness on which everything rests, which is intelligence itself.

The essence of the true knowledge of the Self is unity because there is only one, and the essence of that knowledge is unity.

Leon MacLaren (1910-1994)

Tuesday Evenings

18 Chester Street
Edinburgh

Thursday Evenings

Park House
Bellahouston Park
Glasgow

17th July- 30th August 2018

All Lectures begin at 7.30 pm

Any student who has been introduced to meditation and wishes to meditate can do so at 7pm

Evening charge (inclusive of refreshments) £6

Weekly lectures presented by students of the School of Philosophy, Scotland

School of Philosophy Scotland is a branch of the School of Economic Science



Reg. Charity Nos 313115 & SC039950



Summer Lectures 2018

Teachers and Philosophies of Unity

Ignorance is forgetting the Reality



1. **Advaita – Not Two, One Without a Second**

The Philosophy of Unity as presented in the School of Philosophy Scotland

Mrs Diane Piper

17th and 19th July

2. **Teachers of One and its variations**

Adi Shankaracharya is well known in the line of teachers of the system Advaita. There are many variations of the system and many teachers. We will briefly look at their influences in philosophical culture in present day India.

Dr Sudhir Prabhu Khanolkar –

24th & 26th July

3. **12 Steps of Compassion – Karen Armstrong**

Armstrong notes that 'the twelve-step programme does not depend on supernatural or creedal convictions' but simply 'that a person is a good human being.' Jamie Dobson will introduce Armstrong's programme and provide an overview of the twelve steps.

Mr Jamie Dobson

31st July & 2nd August

4. **The Power of Thought - Foundations for a Life**

Mr Paul Cleghorn

7th & 9th August

Mornings of Meditation (Meditating Students only)

When meditation is right, peace and stillness follow at all three levels of one's being

Saturday 4th August – Park House, Glasgow 10am – 12.30pm
Sunday 5th August – Chester Street, Edinburgh 10am – 12.30pm

Mrs Doris Cleghorn

5. **Ken Wilber : Integral Theory and Practice**

Ken Wilber is a contemporary American philosopher who has taken on the gargantuan task of integrating the whole of modern-day knowledge with the great wisdom traditions of the past. How well has he done?

Mr Robert Parsons

14th & 16th August

6. **Mind and the Philosophy of One: From Heraclitus to Roger Penrose**

Rediscovering an intelligent cosmos after two-and-a-half millennia

Dr Graham Blackburn

21st & 23rd August

7. **Beyond the Relaxation Response:**

New Scientific Insights into Meditation

In 1975, Dr. Herbert Benson of Harvard Medical School ushered in a new era of scientific understanding in the field of meditation. He coined the phrase 'Relaxation Response' because the changes in adrenaline, cortisol, blood pressure etc. were the opposite of what happened in the stress or 'fight or flight' response. Now a new era has dawned. The latest research shows conclusively that mind-body techniques such as meditation can influence the body all the way down to the genetic level. In this engaging and enlightening talk you will discover that your mind has the ability to change the way your body, brain and genes function.

Mr Peter McLoughlin

28th & 30th August

(Guest Speaker from the North West School of Practical Philosophy)